When cable first came into being they promoted family viewing with minimal commercials. Today we have anything but family viewing with PGA content equivalent to yesterday's R rating. Violence is the norm. Further, We can only get cable viewing by buying packages of programs containing channels we never watch nor even want in our house. Movie channels come extra and, as a final straw, the number of commercials have increased, commercial time has increased, and there are even commercials we don't want in our house as their content is not suitable for all audiences. And for all of this, we pay more money than ever. Cable is doing a poor job and should be thoroughly investigated. C-SPAN is their only redeeming feature.